

IFK Australia Tournament Series



PADDED CONTACT - MARCH 3rd

Sunday 3rd March 2019

Padded Contact Tournament

For juniors and cadets

Where : Drummoyne Senior Citizens Club
422 Lyons Rd, Five Dock Sydney
Check-in 9am, Start 9:30pm

Entries close : Friday 22nd February at midnight

Cost : \$30 online at Trybooking.com

<https://www.trybooking.com/BATKF>

For Contact Kumite Divisions the following equipment is required:

Junior Divisions: clean dogi with appropriate badges, mouth guard, groin guard (males), protective head gear (no face guard), shin & instep protectors, and mitts as approved by IFK Australia

Padded Contact: all the above, and foam-dipped chest-guard (head gear and chest-guard provided by the IFK Australia, if you don't have your own)

Cadet Division: clean dogi with appropriate badges, mouth guard, groin guard (males), protective head gear (no face guard), and shin & instep protectors as approved by the IFK Australia.

Optional: Chest guards (females) but highly recommended, must be of separate cup type and must not cover the solar plexus.